

SPWP News

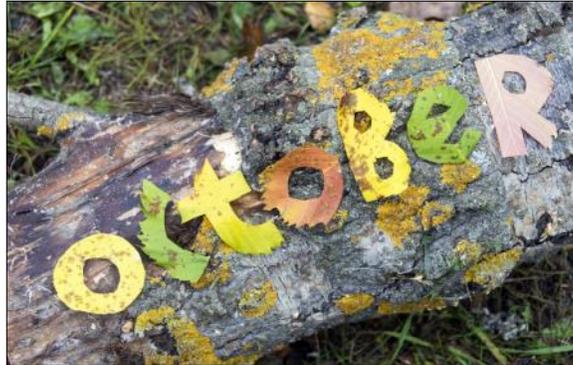


This month's meeting will be held on October 10th, 2019 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to membership@spwp.com via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: www.spwp.org.

Please remember to turn cell phones off or to silent during meetings.



PRESIDENT'S NOTE

Hello Ladies,

We are officially in the fourth quarter of 2019, which means that next month we will be holding our annual members-only meeting and 2020 Board of Directors elections. Don't miss this meeting! In addition to hearing from the candidates and casting your vote for the future governance of SPWP, members will also be given a financial and organizational year-in-review from the outgoing 2019 board. We are still looking for one more volunteer for the election Nominating Committee. Please let me know if you are able to help out.

Thank you to all of the candidates who are running for a position on the 2020 Board of Directors, and to Ingrid Cooper, who just recently became a member and is stepping forward as Co-Chair of our Scholarship Committee. 2020 is already looking amazing!

A huge thank you also goes out to all of you who are volunteering at API's Golf Tournament on October 14th. This will provide a big boost to our scholarship fund, especially with our 2020 scholarship program kicking off in November.

The results are in and the charity our members have chosen to support this Christmas is BEAR ... BE A Resource for CPS Kids. Please keep an eye on your inbox for a donation wish list sent from First Vice President Gina McGinn. We will begin collecting donations this month and will continue at our November breakfast meeting, so please start bringing your donations in! The donation deadline is Friday, December 6th.

Lastly, don't forget to save the date for our social event on Thursday, October 24th! More details will be announced soon.

As a reminder, please connect with us on Facebook at the "Society of Professional Women in Petroleum, Houston" as well as on LinkedIn at "Society of Professional Women in Petroleum". This will help you stay updated on our upcoming events, and will also help to grow our social media presence in order to expose our organization to potential new members.

Sincerely,

Erin Stroud

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SEPTEMBER MINUTES

President Erin Stroud called the meeting to order at 7:38 am on September 12th, 2019 at the Norris Conference Center. Erin welcomed all SPWP members.

Erin then introduced the 2019 Board of Directors.

Erin asked for a motion to approve the August 2019 minutes as written in the newsletter. Kayla Honza approved and Shay Jones seconded. No one opposed, so the minutes were approved as written.

Erin turned the meeting over to 2nd Vice President Rhonda Bean to introduce this month's speaker, Mark LaCour – Director at Modalpoint, Oil and Gas Expert, Speaker and Podcaster to speak about 2020 Industry Predictions.

Erin mentioned the Scholarship Committee would be opening up the application process on November 1st. The Committee is also looking for a 2nd Chair, anyone interested should contact her.

Erin mentioned if anyone is interested in running for an open Board position contact her directly. All members can run for any position against the current incumbents except for the position of President; this position requires prior Board member experience.

Erin mentioned that we are currently looking for a volunteer for the Nominating Committee for the Board Elections.

Erin mentioned the Houston Energy Breakfast taking place on September 20th at 6:15AM at the Norris Conference Center. The winner of the drawing for a free ticket was Michelle Vincent but anybody interested can purchase a ticket with discount code "SPWP" as per the email sent by Gina McGinn.

Erin mentioned a survey to decide on this year's Christmas Charity will be going out in the next couple of weeks. If anyone has a suggestion for a charity to be added to the survey please contact any of the Board Members.

Erin announced we will be having a social event on October 24th, more details to come in the next few weeks.

Erin mentioned the Houston Women's Expo taking place on September 14th – 15th at the George R. Brown Convention Center. Our very own Suzanne Short will be an exhibitor and is offering two complimentary tickets.

Erin wished a happy birthday to all members born in September.

Erin opened the floor to announcements and there were none.

Erin asked guests to introduce themselves; there were seven guests in attendance.

Erin reminded the organization that the next meeting will take place on October 10th, 2019.

The meeting was adjourned at 8:24 am.

Respectfully submitted,

Suzette Olivan

OCTOBER FEATURED MEMBER

Erin Williams

- 1 **How did you get started in the Oil & Gas Industry?** *A happy accident really, my undergrad degree is music business with a minor in dance. After college, I was teaching dance part-time and a coworker asked me if I'd be interested in a full time position with her company as an Administrative Assistant. Pretty fresh out of college, I accepted and since then have enjoyed 12 years with the same company and have held multiple management positions.*
- 2 **Area of Specialty (i.e. Sales, Engineering, Accounting, etc.)?** *Product Management*
- 3 **When people come to you for help, what do they usually want help with?** *Problem solving and direction.*
- 4 **Most influential person in your career and why?** *My direct supervisor in a previous sales management role I held. He exemplified excellent leadership qualities and had a wonderful method for both coaching and empowerment. When I look back at the timeline of my career, my management style, my analytical skills, and my leadership style showed a tremendous growth during my time as his direct report. I am definitely the professional and leader I am today largely due to his wonderful mentorship.*
- 5 **Best career advice you've received?** *Not every employee can be managed the same*
- 6 **Were you born in Houston? If not, what brought you here?** *Yes, born and raised.*
- 7 **Favorite place in the world?** *Sedona, Arizona*
- 8 **Favorite book or movie?** *Book: Of Mess and Moxie by Jen Hatmaker; Movie: Elizabethtown*
- 9 **What hobby would you get into if time and money weren't an issue?** *I would get into public office... though that would probably no longer constitute a hobby. I've become passionate about so many issues within the past few years and have a deep desire to affect local (and national) change.*
- 10 **How did you become involved with SPWP?** *Gina McGinn's parents are my neighbors and while I usually hear of her father introducing a lot of people to the organization, it was her mother who spoke to me about the organization and also connected me with Gina.*



SPWP ANNOUNCEMENTS

SPWP 2019 HOLIDAY CHARITY

SPWP members have selected BEAR...BE A Resource for CPS Kids as the 2019 Holiday charity to sponsor. Please visit <https://bearesourcehouston.org/programs/bearing-gifts/> for a list of donation items SPWP will be collecting until Friday, December 6th.

API HOUSTON 40th ANNUAL GOLF TOURNAMENT

Volunteers are still welcome to assist at the golf tournament on Monday, October 14th, at The Clubs of Kingwood. Contact Renee Brown for more information.

WOMEN'S GLOBAL LEADERSHIP CONFERENCE

The 15th Annual WGLC will be held October 28 - 29, 2019 at the Royal Sonesta in Houston, TX. For more information visit the event website: <https://web.cvent.com/event/282761d8-666d-41cb-b6c6-f23c6787615c>



Welcome Aboard!
New Member



Name: Christine Vongxay
Title: Communication Sales
Company: Stellar Oilfield Rentals
Sponsored By: Suzette Olivan
Committee Interests: Scholarship, Golf & Casino

Happy Membership Anniversary!

HAPPY Birthday

Kara Ellis 7 year
Becky Lamson 4 years
Alma Sastre 1 year
Brenda Myers 1 year
Michelle Muse 1 year

October 8 Larissa Hernandez
October 12 Gina McGinn
October 18 Sherry Adams
October 19 Sylvia Garcia
October 23 Becky Lamson
October 24 Maria Lehner
October 31 Kadie Rose

SPWP SCOOP

So what is going on with you?



Michelle Muse has been promoted to Senior Manager Communications & Organizational Development for Nabors.

Erin Stroud travelled to Philadelphia. "It was amazing to stand in the room where the Declaration of Independence and the Constitution were signed!"



Becky Lamson traveled to Seattle and boarded a Norwegian Cruise to Alaska. She enjoyed lots of fresh seafood and beautiful scenery. She also visited a wildlife refuge and got to interact with exotic animals.



Sherry Adams exhibited at SPE ATCE in Calgary, Alberta. After the exhibition and conference she and her husband Bill spent a few days in Banff, Alberta and had a great time seeing new places!



Amber Vrabel attended PESA's Oil & Gas 101 Training as a delegate from DNOW. Amber was selected as an audience participant during one of the presentations to perform a skit highlighting the importance of having an efficient, customer service focused supply chain.

SCHOLARSHIP UPDATE

An update from one of our 2015 Scholarship Recipients, Jacquilyn Chambers ...

Since being awarded the SPWP Scholarship in 2015, I have had lots going on in my life! After the summer I packed my bags and moved to College Station, TX where I began my education at Texas A&M University (Gig 'Em!) majoring in Strategic Communication and Business Management. I recently graduated in May of 2019 and began my career in sales and recruiting for Collabera IT Staffing in Houston, TX.

My four years at TAMU were nothing short of extremely busy. One of my best decisions was to rush Alpha Chi Omega. In AXO, I was extremely fortunate to dedicate my time to our philanthropy - a cause so near and dear to many people's hearts - Domestic Violence Awareness. I was honored to serve as our Philanthropy In-Chair where I was responsible for coordinating our volunteer services at Phoebe's Home, a 24-hour emergency shelter for domestic violence victims. In addition to providing our volunteer services to Phoebe's Home directly, we also hosted a variety of philanthropy events to raise money including Alpha Chi Casino, Pizza Pie with Alpha Chi, and Walk a Mile in Her Shoes. The most important thing that I learned was how passionate I felt about helping others. My senior year of college, I decided to transition to the Alumni Chair position. I was responsible for strengthening relations between Alumni and current members and connecting the two for networking and relationship building. In addition to my involvement in Alpha Chi Omega, I also had the privilege of interning at a variety of notable companies during the summer including Quorum Business Solutions and Chevron Phillips Chemical which emphasizing my skills and passion for communication and business. Each summer of working I realized that I loved making new connections and learning about different industries in the Houston area.

All of this experience inspired my decision to pursue a career in Sales after college. I noticed that throughout the positions I held I was most passionate about building relationships and connecting people for career, business and networking opportunities. I feel so lucky that I have had the opportunity to focus and develop professionally from college to my career now. My competitive nature in addition to my curiosity for how I could benefit others lead me to staffing. I enjoy having the opportunity to not only help others find a job that they love, but also assist our clients in finding the perfect fit for their needs.

I am so thankful to SPWP for helping me follow my dreams to go to Texas A&M and become the woman I am today. It is organizations like this that inspire and drive young girls to become successful, independent, hardworking women. Thank you for all you do!



CAREER CORNER

Super-Successful Leaders Give Their Best Career Advice

1. Warren Buffett: Exercise humility and restraint.

In a 2010 interview with Yahoo, Berkshire Hathaway chairman and CEO Warren Buffett said the best advice he ever received was from Berkshire Hathaway board-of-directors member Thomas Murphy. He told Buffett: "Never forget, Warren, you can tell a guy to go to hell tomorrow -- you don't give up the right. So just keep your mouth shut today, and see if you feel the same way tomorrow." During this year's Berkshire Hathaway annual shareholders meeting, Buffett also told a curious seventh-grader that the key to making friends and getting along with co-workers is learning to change your behavior as you mature by emulating those you admire and adopting the qualities they possess.

2. Maya Angelou: Make your own path.

In her book *The Best Advice I Ever Got*, Katie Couric quotes author, poet, dancer, actress, and singer Maya Angelou:

"My paternal grandmother, Mrs. Annie Henderson, gave me advice that I have used for 65 years. She said, 'If the world puts you on a road you do not like, if you look ahead and do not want that destination which is being offered and you look behind and you do not want to return to your place of departure, step off the road. Build yourself a new path.'"

3. Richard Branson: Never look back in regret -- move on to the next thing.

Richard Branson's mother taught him that. "The amount of time people waste dwelling on failures, rather than putting that energy into another project, always amazes me," The Virgin Group founder and chairman told *The Good Entrepreneur*. "I have fun running ALL the Virgin businesses -- so a setback is never a bad experience, just a learning curve."

4. J.K. Rowling: Embrace failure.

J.K. Rowling, author of the best-selling Harry Potter series, knows a lot about achieving success -- and failure.

"I don't think we talk about failure enough," Rowling recently told Matt Lauer on NBC's *Today*. "It would've really helped to have someone who had had a measure of success come say to me, 'You will fail. That's inevitable. It's what you do with it.'" Before Rowling became one of the wealthiest women in the world, she was a single mom living on welfare in the U.K. She began writing about her now famous character, the young wizard Harry Potter, in Edinburgh cafes, and received "loads" of rejections from book publishers when she first sent out the manuscript, *The Guardian* reports. "An exceptionally short-lived marriage had imploded, and I was jobless, a lone parent, and as poor as it is possible to be in modern Britain without being homeless ... By every usual standard, I was the biggest failure I knew," Rowling said during a 2008 Harvard University commencement speech. She went on to say that she considered her early failure a "gift" that was "painfully won," since she gained valuable knowledge about herself and her relationships through the adversity.

5. Eric Schmidt: Say yes to more things.

In her book *The Best Advice I Ever Got*, Katie Couric quotes Google executive chairman Eric Schmidt as advising:

"Find a way to say yes to things. Say yes to invitations to a new country, say yes to meet new friends, say yes to learn something new. Yes is how you get your first job, and your next job, and your spouse, and even your kids."

6. Marissa Mayer: Pick something and make it great.

In a 2011 interview with the *Social Times*, current Yahoo president and CEO Marissa Mayer revealed the best advice she ever received:

"My friend Andre said to me, 'You know, Marissa, you're putting a lot of pressure on yourself to pick the right choice, and I've gotta be honest: That's not what I see here. I see a bunch of good choices, and there's the one that you pick and make great.' I think that's one of the best pieces of advice I've ever gotten."

7. Steve Jobs: Don't just follow your passion but something larger than yourself.

In a recent *Business Insider* article, Cal Newport, author of *So Good They Can't Ignore You*, referenced Steve Jobs biographer Walter Isaacson, who recalled an exchange he had with Jobs shortly before he passed. Jobs reportedly told Isaacson: "Yeah, we're always talking about following your passion, but we're all part of the flow of history ... you've got to put something back into the flow of history that's going to help your community, help other people ... so that 20, 30, 40 years from now ... people will say, this person didn't just have a passion, he cared about making something that other people could benefit from."

8. Suze Orman: With success comes unhelpful criticism -- ignore it.

In a LinkedIn article about the best advice she ever received, motivational speaker, author, and CNBC host Suze Orman wrote that success has often made her a target of nasty criticism "entirely disconnected from facts." At first these attacks made her angry, but she eventually learned to ignore them.

"A wise teacher from India shared this insight: The elephant keeps walking as the dogs keep barking," she wrote.

"The sad fact is that we all have to navigate our way around the dogs in our career: external critics, competitors, horrible bosses, or colleagues who undermine. Based on my experience, I would advise you to prepare for the yapping to increase along with your success."

9. Bill Gates: Keep things simple.

In a 2009 interview with CNBC, Microsoft co-founder and chairman Bill Gates admired Warren Buffett's ability to keep things simple.

"You look at his calendar, it's pretty simple. You talk to him about a case where he thinks a business is attractive, and he knows a few basic numbers and facts about it. And [if] it gets less complicated, he feels like then it's something he'll choose to invest in. He picks the things that he's got a model of, a model that really is predictive and that's going to continue to work over a long-term period. And so his ability to boil things down, to just work on the things that really count, to think through the basics -- it's so amazing that he can do that. It's a special form of genius."

10. Arianna Huffington: Don't work too hard.

In a LinkedIn post last year, The Huffington Post president and editor-in-chief Arianna Huffington revealed that she's often asked if young people pursuing their dreams should burn the candle at both ends?

"This couldn't be less true," she writes. "And for far too long, we have been operating under a collective delusion that burning out is the necessary price for achieving success."

She says she wishes she could go back and tell her younger self, "Arianna, your performance will actually improve if you can commit to not only working hard but also unplugging, recharging, and renewing yourself."

This information has been adapted from an article by Jacquelyn Smith and Rachel Gillett which can be found at <https://www.inc.com/business-insider/25-successful-leaders-give-their-best-career-advice-for-millennials.html>



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry through networking, education and the distribution of technology and information. SPWP is incorporated as a 501(c)(3) tax exempt non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP's membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members.

Mission Statement

Supporting career women in the petroleum industry through technology and information.



November Breakfast Meeting 11/14

Members only
Election of 2020 Board of Directors

December Breakfast Meeting 12/12

Christmas Party

BOARD OF DIRECTORS

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