

SPWP News



This month's meeting will be held March 14th, 2019 at the Norris Conference Center, beginning at 7:30 a.m.

Please respond to the PunchBowl Invite letting us know if you will be joining us or not. Regrets and RSVPs should be sent to membership@spwp.com via email or the PunchBowl Invite. If you do not RSVP, we may not have the space to accommodate you. If you RSVP yes and do not attend, you will be charged the cost of the breakfast.

Reservations can be made by credit card (MasterCard, Visa or American Express) at the breakfast meeting or via PayPal on our Web site: www.spwp.org.

Please remember to turn cell phones off or to silent during meetings.



PRESIDENT'S NOTE

Hello Ladies,

Happy Women's History Month and a belated International Women's Day!

We formally rolled out our 33rd annual Derricks & Dice Casino Night last week! Check your inbox for an email from First Vice President, Gina McGinn, containing a sponsorship request letter, event flyer you can print out and hang up at your office, and a list outlining the ways you can help. Derricks & Dice will be held on Friday, May 17th at the Majestic Metro in Downtown Houston. The ticket and sponsorship form is live on our website so please start sending out the sponsorship letter to your network of contacts, soliciting prizes, and sharing the video and event on social media. We need the support of all SPWP members to make this event a success, in order to raise the most money possible for our scholarship program!

And speaking of our scholarship program, the deadline for grading this year's applicants is March 19th. The Happy Hour that was scheduled for March 20th has unfortunately been cancelled due to circumstances out of the committee's control. The coordination of semi-finalists who will move on to the interview stage will now be coordinated via email so please be watching for communication from our scholarship chairs if you are a grader. After this point, those who have volunteered to be reference checkers will then take over. Scholarship interviews will be held on Saturday, April 6th, and we will meet the lucky winners at our July breakfast meeting.

If you are interested in volunteering for either the Scholarship or the Casino Committees please reach out to the chairs for each. We can always use more help for our committees.

As a reminder, please connect with us on Facebook at the "Society of Professional Women in Petroleum, Houston" as well as on LinkedIn at "Society of Professional Women in Petroleum". This will help you stay updated on our upcoming events, and will also help to grow our social media presence in order to expose our organization to potential new members.

Sincerely,

Erin Stroud

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FEBRUARY MINUTES

President Erin Stroud called the meeting to order at 7:35 am on February 14th, 2019 at the Norris Conference Center. Erin welcomed all SPWP members and then introduced the 2019 Board of Directors.

Erin asked for a motion to approve the January 2019 minutes as written in the newsletter. René Brown approved and Sylvia Garcia seconded. No one opposed, so the minutes were approved as written.

Erin turned the meeting over to Second VP, Rhonda Bean, for introduction of the February speaker, Brandy Copley, Managing Director and Council for GE Energy Financial Services.

Erin reminded the organization regarding membership dues. Dues must be paid by February 28th, a late fee of \$25 will be incurred for payments made after March 1st.

Erin turned the meeting over to Kara Ellis, Scholarship Committee Chair. Kara updated us that 75 applications were submitted and 73 were accepted. She mentioned grading will be held through March 19th and interviews will be held on April 6th. One or two more interviewers are needed on April 6th, please contact Kara or Lauren if interested.

Erin gave an update on the Casino Committee. The first meeting was held last week and a tentative date of May 17th has been set for the event. The venue will be confirmed soon and details will be distributed to membership to begin promoting the event. The membership can begin asking for donations and sponsorships for the event.

Erin turned the meeting over to Secretary Suzette Olivan to introduce new member Maria Lehner. The membership was reminded of the new eligibility guidelines.

Erin announced the need for volunteers for the AADE Golf Tournament taking place on April 1st. We are in need of 4 Hole Sitters and 4 volunteers to work the registration table. We currently have 3 volunteers confirmed. René Brown expressed AADE's need for full commitment from SPWP.

Erin wished a happy birthday to all of the members born in February.

Erin requested that all members consider submitting 2019 speaker suggestions as back up to the board.

Erin opened the floor to announcements. René Brown suggested extending the time allowed for speakers at the breakfast meetings. She suggested this would allow for a more worthwhile meeting especially for those driving a further distance and allow speakers to convey their full message. The Board confirmed that more time had been added.

Erin asked guests to introduce themselves; there were eight guests in attendance.

The meeting was adjourned at 8:23 am. Some members and guests remained after the meeting to network.

Respectfully submitted,
Suzette Olivan

MARCH FEATURED MEMBER

Maria Lehner

1 How did you get started in the Oil & Gas Industry? *Being born in a country with the world's largest oil reserves, Venezuela, kind of shapes your career path, and I was no exception. I was eager to be a part of the O&G world since I can remember. I have always been intrigued by how things work, I enjoy searching for answers and have a passion for discovering new things and coming up with new ideas to solve problems, so without a doubt a career in engineering was the natural thing for me.*

2 When people come to you for help, what do they usually want help with? *Applying a common sense approach to an everyday challenge is something that comes naturally to me. Most times when people are focused on the problem or challenge they cannot pull back from it far enough to see the available solution. To me, this is where I am the most creative and productive. Therefore, people often come to me with a challenge that needs resolution and I'm all about finding the answers.*

3 Most influential person in your career and why? *Throughout my 18 years in the O&G business I have met some amazing people. I have been fortunate enough to have great mentors. I was still in college when I was looking for internship opportunities and I got an interview with a former VP of Operations at Weatherford. I remember meeting with him and one of his questions was: "Do you know what a Progressing Cavity Pump is and what it does?". My honest answer was: "No". He then went on to say: "Do not worry, you are going to learn that here". From that point forward he was always available to give me advice and data points I required to broaden my expertise and feed my desire for knowledge. Why was he most influential in my career? Because he saw in me, at that point in-time, what I didn't recognize about myself yet, that I had the foundation to build upon and he helped nurture that.*

4 Best career advice you've received? *Be yourself no matter the situation and it is okay to not always have the answers.*

5 Favorite place in the world? *I have two favorite places, one is the beautiful national park of Los Roques in Venezuela. The second place is anywhere in Europe. I have had the opportunity to visit multiple European countries multiple times and I never get bored of going back, there is so much more to explore!*

6 Favorite book or movie? *When I was very young a good friend of mine gave me the book: "The 7 Habits of Highly Effective People". I know this is an old book, but I was so young when I read it the first time that it truly left an impact on me. Given that it is a timeless piece I plan to introduce it to my children in a few more years.*

7 What hobby would you get into if time and money weren't an issue? *I love Photography. I have taken multiple courses in person and online and I love capturing "the moment". My closest friends and family know about my passion for photos so every so often I get to share this hidden talent with them.*

8 How did you become involved with SPWP? *I was introduced to this wonderful community by no other than Erin Stroud, her passion and love for the organization's mission and how it empowers women like myself is contagious, so it was only a matter of time before I joined.*



MARCH SPEAKER

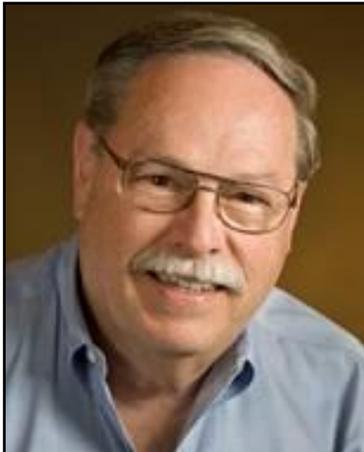
Richard G. "Dick" Ghiselin, is a Senior Associate at Qittitut Consulting, a business growth strategy and marketing consultancy with focus on the international energy industry. Prior to joining Qittitut, Ghiselin was Publisher at OneOffshore, an international energy business news and statistics provider.

From 1995 through 2001, Ghiselin led Hart's E&P Technology Group, where he was first the Publisher and Editorial Director for Petroleum Engineer International, and subsequently Vice President and Group Publisher for the upstream oil and gas media group.

Prior to joining Hart Publications, Ghiselin was with Schlumberger Oilfield Services for 31 years, where he held various operational and marketing management positions. These included many years in the offshore services division.

Ghiselin is actively involved with numerous professional organizations including the Independent Petroleum Association of America, Society of Petroleum Engineers, and the Society of Professional Well Log Analysts. He is a Director of the Oilfield Energy Center.

Ghiselin served as a captain in the United States Army from 1961 to 1965. He holds a bachelor of science in mechanical engineering from Texas A&M University and is a Registered Professional Engineer (Petroleum) and Certified Business Communicator.



SPWP ANNOUNCEMENTS

SCHOLARSHIP COMMITTEE UPDATES

The deadline for application grading is March 19th. Please reach out to Scholarship@spwp.org if you would like to volunteer as an interview day greeter on April 6th.

CASINO COMMITTEE UPDATES

Registration for the 33rd Annual Derricks & Dice Casino Night is open and tickets can be purchased at spwp.org/derricks-dice. For more information, contact: Casino@spwp.org.

API ANNUAL SPORTING CLAYS TOURNAMENT

Sponsors, teams and cooking teams are requested for the tournament on Saturday, May 4th at the American Shooting Center. Please contact Reneé Brown for more information.

Happy *Membership*
Anniversary!

Mary Petricko 7 years

Michelle Vincent 6 years



March 24 Evalyn Shea

March 27 Lauren Jijina

SPWP SCOOP

So what is going on with you?



On February 28th, Erin Stroud, Maria Lehner, Kim Gonzales, and future SPWP member Shay Jones volunteered at the Katy Feed the Hunger Packathon along with the team from DistributionNOW.



Becky Lamson completed the Ascension Seton Austin Half Marathon ! Her 8th to date.



Reneé Brown traveled to London on business and was able to spend a few extra days sight seeing.



Katherine Culbert participated as a guest speaker at Pink Petro's HERWorld Energy Forum



Kadie Rose attended the HERWorld19 Energy Forum and enjoyed hearing media mogul Randi Zuckerberg speak.



Jerri Babin participated in a panel discussion on the topic of "Navigating the Power Structure" for DistributionNOW's R.A.D. Women Affinity Group. President Erin Stroud assisted with coordinating the event .

SCHOLARSHIP UPDATE

An update from one of our 2016 Scholarship Recipients, Shalini Lakshmi...

I am currently a junior at the University of Houston majoring in Industrial Engineering.

What first inspired me to pursue Industrial Engineering was a desire to make the world a better place by implementing process improvement principles. Upon graduation I hope to pursue a master's degree in my field of study and pursue a career in project management and quality control.

During the summer of 2018 I worked as an Operations Excellence Intern at Ascend Performance Materials. I currently continue to intern part-time during the semester and have gotten a chance to work on several process improvement projects over the course of my internship.

During my time in college I have had opportunities to participate in many engineering organizations such as the Society of Women Engineers and Engineers Without Borders. I currently serve as an officer for the UH Chapter of the Institute of Industrial and Systems Engineers. Participating in these organizations has allowed me to make new friends and create lasting memories.

I am immensely grateful to SPWP for supporting me in my educational endeavors and I hope to one day contribute to the organization to help other young women achieve their dreams.



Welcome Aboard! New Members



Name: Veronica Rhodes
Title: Senior Energy Casualty Underwriter
Company: Zurich
Sponsored By: Suzette Olivan
Committee Interests: Golf



Name: Amber Vrael
Title: Pricing Analyst
Company: DNOW
Sponsored By: Erin Stroud
Committee Interests: Scholarship,
 Casino & Golf

CAREER CORNER

9 Things Successful Women Never Do

1. Successful Women Never Ignore Their Fears

If you want to move up, and ahead, you need to confront your fears head-on. Never waste valuable energy trying to avoid them; instead, use mental toughness to manage your thoughts, emotions, and behavior in ways that will set you up for success in business and life. Suppressing a negative feeling only gives it more power, fueling our fears and slowing us down. In fact, trying to control what we fear will increase the likelihood it will happen.

2. Successful Women Never Run From Conflict

People who shy away from conflict assume that conflict always looks aggressive, overbearing, and disrespectful. This is not true because conflict can camouflage itself in many forms. We need to be alert for any behavior from others that is attempting to manipulate our emotions or thoughts. Once we recognize conflict for what it is, we make a choice on how we respond to it, rather than react out of fear or ignorance.

3. Successful Women Never Listen To Their Inner Critic

Mental toughness is being able to control how your mind thinks, rather than letting your mind control you. The key is learning how to manage your emotions with self-talk and using the right (and positive) words when controlling your thoughts.

4. Successful Women Never Expect Perfect Circumstances

Forget about finding the perfect job or waiting for perfect conditions before making a leap. Learn to differentiate between the pain of growing and the pain of suffering. It's easy to say that conditions are poor, nothing is going your way, and that you've been dealt an unfair hand. These are all excuses as you move further down the road of surrender. Use what is at your disposal to keep moving forward in life. Learn to make the best of your situation. Mental toughness is approaching your circumstances with the right perspective and not expecting a break.

5. Successful Women Never Look At Their Past As A Mistake

Some mistakes from our past can be painful or bad, but instead of wallowing in misery, look at them as opportunities to learn something that you didn't know before it happened. Walk beside friends and colleagues who have made mistakes—you can learn from them, too. The past does not define us, it simply prepares us for our journey toward success and wisdom.

6. Successful Women Never Miss Opportunities To Shine

Identify those things that others hesitate to take on. It can be small and simple—it doesn't matter. Whatever it is, do it well and you will instantly differentiate yourself from the pack. Then keep going because you never know where it will lead; often, we don't know what opportunity looks like until we're closer to it.

7. Successful Women Never Fail To Keep Their Cool

Mentally strong leaders are in control of their own luck because they see success or failure as something over which they are in control. Luck may have had some role in their present circumstances, but they don't waste mental energy by worrying about what might happen. Control your own luck by seizing opportunities to improve your life and situation. The result will either be a lucky break or the regret of a road not taken.

8. Successful Women Never Fail To Do Their Research

When you are meeting with potential investors, clients or customers, make sure you know what you are talking about. Do your homework; be polished, poised, and prepared.

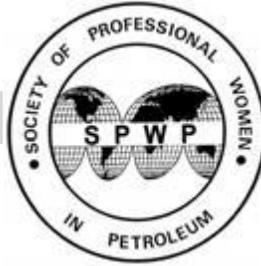
9. Successful Women Never Say Quit

When you say "quit" or "can't," you are sacrificing ownership and control over your attitude and behavior. It shows you have created your own boundaries. When you say quit, you are sending a message about your fear of failure and a lack of grit in testing your limits.

This information has been adapted from an article by LaRae Quy which can be found at

<https://www.forbes.com/sites/womensmedia/2016/07/20/9-things-successful-women-never-do/#5bfd7ca6360>

LaRae Quy was an FBI undercover and counterintelligence agent for 24 years. LaRae is the author of "Secrets Of A Strong Mind" and "Mental Toughness for Women Leaders: 52 Tips To Recognize and Utilize Your Greatest Strengths."



The **Society of Professional Women in Petroleum** was formed in early 1981 to support professional career women in the Petroleum Industry through networking, education and the distribution of technology and information. SPWP is incorporated as a 501(c)(3) tax exempt non-profit organization.

All aspects of drilling and production operations are covered through topical monthly breakfast meetings and industry speakers and we constantly seek to further expand the knowledge of our members. We also feature professional development speakers and hold roundtable discussions on a rotating basis.

SPWP's membership consists of women who have active careers in the Oil & Gas Industry in fields including Engineering, Geology, Sales, Research, Finance, Law, Quality Assurance, Purchasing, Advertising and Marketing.

SPWP is dedicated to furthering the careers of women in the Oil & Gas Industry and as part of our mission, we have a merit-based scholarship program that provides financial assistance to female Houston-area high school seniors entering a Texas college. Our annual fundraisers on behalf of this program are made possible through the tremendous support of companies within the industry, as well as through the tireless dedication of our members.

Mission Statement

Supporting career women in the petroleum industry through technology and information.



April Breakfast Meeting 04/11

Speaker: Jeff Beach - Baker Hughes, GE

Topic: "Disrupting the Service Model: How Companies Are Changing the Way They Do Business"

May Breakfast Meeting 05/09

Speaker: Claudia Espinosa - ICIS

Topic: Mexico Energy Report

BOARD OF DIRECTORS

President

Erin Stroud
DistributionNOW
713.254.8752
erin.borstmayer@gmail.com

First Vice President

Gina McGinn
Baker Hughes, a GE Company
281.734.5930
Gina.McGinn@BHGE.com

Second Vice President

Rhonda Bean
Archdiocese of Galveston–Houston
713.907.5653
rhondabean93@gmail.com

Treasurer

Mary Petricko
National Oilwell Varco
832.596.4198
finance@spwp.org

Secretary

Suzette Olivan
NEORig
713.430.6984
Suzette.Olivan@Neo-rig.com

Member at Large

Suzanne Short
Edward Jones
281.777.5544
suzannecshort@yahoo.com

Social and Development Director

Becky Lamson
DHL
281.704.5871
Blamson05@yahoo.com

COMMITTEES & CHAIRS

Scholarship Committee

Co-Chair – Lauren Jijina Lauren.Jijina@gmail.com
Co-Chair – Kara Ellis Karawebbellis@gmail.com

Golf Committee

Co-Chair – Reneé Brown Renee.brown@battcables.us
Co-Chair – Sherry Adams Sadams@wabtec.com

Casino Committee

Chair – Reneé Brown Renee.brown@battcables.us

By-Laws Committee

Chair – Lauren Brooks Lauren.Brooks@nov.com
Co-Chair – Jerri Babin Jerri.Babin@nov.com

**Please forward newsletter updates,
comments, or questions to Gina McGinn at
Gina.McGinn@BHGE.com**